



# Facilitation Guide: WORKING TOGETHER AS A TEAM

The purpose of this training module is to provide students with a first-hand experience and understanding of the benefits of effective teamwork.

## TRAINING OBJECTIVES

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- Students use personal experiences to identify and dissect team situations and how well they worked.
- Students experience and analyze group dynamics within their SIA Team.
- Students understand how to divide work based on talents, skills and interests of team members.
- Students evaluate their own skills, strengths and weaknesses as relates to being part of a team.

## TRAINING BEST PRACTICES

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- Group Discussion: Ask students to think about team experiences they've had personally or witnessed. Which teams function well? Which did not? What are the characteristics of good teams? What causes teams not to work? If working in a large group, divide into smaller groups to discuss, and then ask for sharing out to entire group.
- Use any one of the team building exercises to provide students with a hands-on learning experience about teamwork. Be sure to spend time on the reflection questions. Ask the teams what this learning could mean for their work together as an SIA team.

## TOOLS & RESOURCES

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- Worksheet and Guide: [Discovering your Primary Talents and Skills](#)
- Article: [Qualities of an Effective Team Player](#)
- Article: [Characteristics of Effective Teams](#)
- Team Building Exercises:
  - [All Aboard](#)
  - [Helium Hoop](#)
  - [Human Machinery](#)
  - [Marshmallow Challenge](#)
  - [Relay Lock Race](#)
  - [Swamp Activity](#)
  - [The Order Board](#)