



Student Guide: UNDERSTANDING LEADERSHIP

The purpose of this training module is to give you a basic understanding of leadership, what it means, and how it looks in the real world. You will also be able identify yourself and others as leaders.

THIS MODULE WILL HELP YOU LEARN

- The qualities great leaders possess and how they translate into the actions they take.
- The importance of understanding how what you care about drives how you lead.
- That there are a variety of leadership styles. You'll discover your own and see how you can best work with people whose style is different from yours.

TO HELP YOU GET STARTED

READ

Article: Leadership of People by Fredric Labarthe.

REVIEW

"Qualities of a Leader" worksheet and complete "How Good a Leader Am I?" checklist.

DISCUSS

What leaders do you admire and why? What qualities do they possess? What makes a good leader? Do you and your team members have different styles of leadership?

TOOLS & RESOURCES

- Article: ["Leadership of People" by Fredric Labarthe](#)
- YouTube: ["First Followers" by Derek Sivers](#)
- YouTube: ["How Good Followers Create Good Leaders](#)
- Worksheet: [Qualities of a Leader](#) (PDF)
- Worksheet: [How Good a Leader Am I?](#) (PDF)
- Worksheet: [Designing My Life Chart](#) (PDF)
- Activity: [I CARE Values & Cards](#) (PDF)
- Activity: [True Colors Leadership Exercise](#) (PDF)