

Student Guide: WORKING TOGETHER AS A TEAM

The purpose of this training module is to give you and your SIA team members the opportunity to experience effective and ineffective teamwork, and an understanding of how to make your team work well.

THIS MODULE WILL HELP YOU LEARN

- How your past personal experiences on teams can help you be a good SIA Team member.
- What challenges your SIA Team may encounter and how to work through them.
- How to use the talents, skills and interests of SIA team members to benefit your team efforts.
- To evaluate your own skills, strengths and weaknesses as part of your SIATeam.

TO HELP YOU GET STARTED

READ

Characteristics of an Effective Team and Qualities of an Effective Team Player

REVIEW

Discovering your Primary Talents and Skill Guide

DISCUSS

How will your SIA Team use the variety of talents and skills of team members to maximize the effectiveness of your efforts this year?

TOOLS & RESOURCES

- Worksheet and Guide: <u>Discovering your Primary Talents and Skills</u>
- Article: Qualities of an Effective Team Player
- Article: <u>Characteristics of Effective Teams</u>
- Team Building Exercises:
 - o All Aboard
 - o <u>Helium Hoop</u>
 - Human Machinery
 - o <u>Marshmallow Challenge</u>
 - o Relay Lock Race
 - Swamp Activity
 - o The Order Board