



## Overview: UNDERSTANDING LEADERSHIP

The purpose of this training module is to provide students with a basic understanding of leadership, its values, qualities and attributes; and the ability to identify themselves and others as leaders.

## TRAINING OBJECTIVES

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- Students understand the difference between the qualities of leadership (being) and the skills of leadership (doing).
- Students understand the importance of values-based leadership.
- Students learn about various leadership styles, determine their personal leadership style and come to understand how to best work with different leadership styles

## STUDENT PRE-WORK

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### READ

Article: "Leadership of People" by Fredric Labarthe.

### REVIEW

"Qualities of a Leader" worksheet and complete "How Good a Leader Am I?" checklist.

### DISCUSS

What leaders do you admire and why? What qualities do they possess? What makes a good leader? Do you and your team members have different styles of leadership?

## TOOLS & RESOURCES

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- Article: ["Leadership of People" by Fredric Labarthe](#)
- YouTube: ["First Followers" by Derek Sivers](#)
- YouTube: ["How Good Followers Create Good Leaders](#)
- Worksheet: [Qualities of a Leader](#) (PDF)
- Worksheet: [How Good a Leader Am I?](#) (PDF)
- Worksheet: [Designing My Life Chart](#) (PDF)
- Activity: [I CARE Values & Cards](#) (PDF)
- Activity: [True Colors Leadership Exercise](#) (PDF)